

Camp Packing List (Pack Light)

What to bring:

- 2 complete changes of modest casual clothes for everyday (girls shorts have to be longer than fingertips when hands are by your side)
- Bathing Suit (Girls: one piece, tankini or two piece with dark shirt) for 4 swimming days
- Messy day Clothing
- 1 set of modest PJ's
- 1 pair of athletic shoes
- Plastic trash bag for dirty clothing (seriously, it works)
- Toiletries (toothbrush, toothpaste, shampoo and conditioner, body wash, deodorant (mandatory), washcloth, etc.)
- 2 Towels (one for shower, one for lake)
- Pillow, Sheets or Sleeping Bag (twin Bed)
- Paper** Bible and pen
- Snacks (Chips/cookies, etc) - enough to share with the group
- SUNSCREEN, Bug Spray
- Snack Money
- Did we mention deodorant?

What not to bring

- Any electronic material
(phone, ipod, ipad, gaming systems, laptops...if it can be turned off/on, don't bring it!)
- Bad attitude
- Prank material
- Alcohol or drugs
- Knives
- Nuclear Weapons

Miscellaneous

- All medication will be given to nurse at check in (exception with epipens & inhalers).
- Cell Phones and ipods are not to be used while at camp. We are not responsible for lost, stolen, or broken phones or ipods

MEDICATIONS

At registration please drop off at our Nurses Table all medications. Please put them in a ziplock bag with specific instructions for our camp nurse. Please give us only the supply amount for camp.

The Camp nurse will administer all medications.