

DNOW Packing List (Pack Light)

What to bring:

- 2 complete changes of clothes for Saturday Am and Pm
(including athletic shorts, shirts, socks and underwear)
- Church clothing for Sunday
(everything but shirt, students will have their new DNOW shirts)
- 1 set of nightclothes
- 1 pair of tennis shoes
- Plastic trash bag for dirty clothing (seriously, it works)
- Toiletries
(toothbrush, toothpaste, shampoo and conditioner, body wash, deodorant (mandatory), washcloth, etc.)
- Towel
- Sleeping bag
- Pillow
- Paper** Bible and pen
- (1) 2 liter drink to share
- Snacks (Chips/cookies, etc) - enough to share with the group
- Medical waiver and permission form (if not already on file)
- Did we mention deodorant?

What not to bring

- Any electronic material
(phone, ipod, ipad, gaming systems, laptops...if it can be turned off/on, don't bring it!)
- Bad attitude
- Prank material
- Alcohol or drugs
- Knives
- Nuclear Weapons

Miscellaneous

- All medication will be given to nurse at check in (exception with epipens & inhalers). All medication must be placed in a ziplock bag with specific directions and name of student